



MOVING FOOD TO FEED MAINE'S HUNGRY GOOD SHEPHERD FOOD-BANK'S FIRST MOBILE FOOD PROGRAM "FOOD MOBILE"

The goal of Good Shepherd Food-Bank is to bring more food to more people throughout the State of Maine. In the next 3-5 years, we are striving to better meet the needs of the hungry by distributing up to 15 million pounds of food and essential supplies to the communities *right here in Maine*, up from 8.9 million in 2005.

As of August 2005, we began moving both the "short shelf life" products and food items that have remained in our racking for months by filling our 14 foot refrigerated truck. Our first shipments were taken to Portland's Preble Street Resource Center during their food distribution hours. Most of the product distributed to community members consisted of: ice cream, fresh vegetables, power bars, cereals, pasta products and more. We then began to realize that this mobile food program would be an asset

to all food pantries throughout Maine.

On October 4th, we held our first ribbon cutting ceremony at the Auburn Warehouse, to kick off the "Food Mobile". Our refurbished beverage truck has taken on a life of it's own. Donated by Federal Distributors of Lewiston, and sponsored by Maine Credit Union League, we will distribute food to every county in Maine over the next two years. To date, we have delivered over 120,000 lbs. of food to 494 households through community food pantries with the Food Mobile. November 22nd was the 2nd Ribbon Cutting Ceremony held in Bangor to strengthen our presence in Northern Maine.



The cost of the Food Mobile program is \$500 per delivery, which consists of up to 10,000 lbs of food per location. In order to defray costs to our food pantries, we are seeking sponsors to help cover the cost. Groups that we hope to partner with are: Service Clubs such as Rotaries, Kiwanis, Elks, Area Chamber of Commerce, Church Groups, Youth Groups, and more.

EVERYONE HAS THE ABILITY TO HELP.

For more information regarding the Food Mobile program and how you can become involved, please contact Jason Hall at 782-3554 ext 36.

CELEBRATING 25 YEARS...

In 1981 JoAnn E. Pike had a dream to take care of those struggling with hunger in the Lewiston/Auburn communities. She and a few friends, began collecting food from garbage dumpsters and distributing it to hundreds of hungry individuals, turning her garage into the *miracle of food banking*.

Twenty five years later, the garage has grown into a 53,000 sq ft warehouse. The staff of GSFB continues to carry out the mission of distributing food to now over 70,000 people per month throughout the state.

During the year 2006, we will be honoring and celebrating the past twenty-five years. On April 22nd, we will host a Night of Song and Evening of Giving at Merrill Auditorium in Portland—This spectacular choral concert, *Voices of Hope*, will honor and remember JoAnn Pike and Robert E. Dunton, who were both instrumental in the creation of Good Shepherd Food-Bank. To learn how you can get involved contact JoAn Chartier by calling 782-3554. Mark your calendars! We'd love for you to join us for this special celebration!

Feeding Maine's Hungry



BOARD OF DIRECTORS APPLAUDS GOOD SHEPHERD FOOD-BANK VOLUNTEERS, DONORS AND STAFF....



Staff and friends of the Food-Bank spending time with Senator Olympia Snowe during her 1st visit in November.

Distributing nearly 9 million pounds of food this year has been a formidable task for the 25 teammates of Good Shepherd Food-Bank. With rising challenges on household budgets, many of our statewide partner agencies are experiencing 30% to 50% increases in demand for food and services. The outstanding support of the Maine community enabled us to contribute twelve tractor-trailer loads and two rail cars of food to Katrina relief. Our outstanding staff always stands ready to serve, and they've done a great job again this year – a job they couldn't do without the generous support of our volunteers and donors.

The Board of Directors recently invited GSFB's Team Leaders to their quarterly meeting. Board members heard how Leaders and their devoted teams fulfill the Food-Bank's mission of providing food to over 500 agencies throughout Maine. Individual stories of personal devotion to the Food-Bank, passion for helping others, and genuine support of one another as teammates, were simply awesome.

It's no wonder that this institution is so relied upon by Maine communities. This team of 25 sees miracles happen every day!

This cherished partnership, comprised of the Food-Bank's dedicated staff, thousands of faithful volunteers and financial-food donors is making a real difference! This partnership should be remembered and applauded within each community for aiding our agency partners to feed over 70,000 of Maine's hungry every month.

This year GSFB will celebrate its 25th anniversary of serving the greater Maine community. We are hopeful that this often-untold story of passion to feed and help others will become more revealing to every Maine citizen. Through the generous support of caring volunteers, hundreds of food donors, and thousands of financial donors, the GSFB Staff will be able to continue to perform the miracle of food banking for the benefit of those in need.

A special "Thank You" to each and every volunteer and donor who makes the great work of our beloved Team possible!

Happy New Year!

Good Shepherd Food-Bank Board of Directors

Ted Brown, Chairman
Scott Konecny, Vice Chair
Betty Ellis, Secretary
Ken Ray, Treasurer
David Pierson, Clerk

*Jerry Douglass, Steve Hudson, Larry Pelletier,
 Mike Harris, Mike Perkins, Diane Dunton
 Lorraine Wark, Daniel Reardon, Bruce Wilson
 Robert Ramsdell, Herschel Hafford*

FEATURE AGENCY UPDATE:

~S.A.F.E. in MAINE~

S.A.F.E., (Statewide Association of Fostering Enterprises), has operated in the State of Maine since 1993 as a member-supported, volunteer-based, 501(c)3, non-profit organization.

Our mission is to provide services and support to Foster families, Adoptive families, and Kinship families throughout the state of Maine, who are caring and providing for some of Maine's most needy children.

One of our best known programs is the food program where, in collaboration with the Good Shepherd Food-Bank, we are able to offer income-eligible members the opportunity to purchase their food through the food bank at a tremendous savings.

Due to recent budget cuts in state government, some of the families providing care to children in Maine are having to reconsider their financial situations and

are faced with the agonizing dilemma of giving up their foster children so that they can return to work outside of their homes everyday.

It is in this situation that S.A.F.E. has been most able to support and encourage these families with the incredible blessing of the food program.

Currently we are serving 120 families statewide who are providing care for approximately 450 Maine children.

We always welcome new members, and we all give thanks for the blessings that we have received through the generosity of those that support the Good Shepherd Food Bank. Bless you all.....and thank you!

Very sincerely,

Vickie Decker
 S.A.F.E.
 1-888-466-8394

PARTNERSHIPS MATTER

Food Donors

During 2005, we processed over close to 9 million pounds of food in Maine! We are delighted to have established new relationships with: Wal-Mart Distribution Center * Dollar Tree Stores of Maine * State of Maine Cheese * Schwan's * Target * Sam's Club of Bangor * and many other generous supporters.

Our mission of feeding Maine's hungry can only be achieved with the generous support of all of our donors each year,

most importantly within our top ten are: Hannaford Supermarkets, Sysco, Sure Winner Foods, America's Second Harvest, Friehofer-Bangor, Big Lots, Country Kitchen, Dorothy Egg Farms, Wal-Mart and Shaw's.

If you have professional or personal relationships with a business that distributes food in Maine, please ask them to contact the Food-Bank today to learn how they may become involved.

Financial Partners

During 2005, we received generous gifts from over 4,000 financial partners consisting of individuals, corporations and private foundations, including over 985 new financial supporters!

Special Friends

It takes many hands and many caring businesses and individuals to give of their services and personal contributions. We would like to give special thanks to all of our special friends who contributed services,

organized food drives and supported GSFb throughout the year!

Media Friends

We are so very thankful for statewide media who constantly promote our stories through means of print, radio, and television. Sharing our stories during exciting and challenging times has been very beneficial in our campaign to broaden awareness in Maine.

Help us Raise Hunger Awareness!!!!



Todd's Cookbooks
WABI TV 5
\$14 each



Denim Aprons
One size fits most
\$16 each



Awareness Bracelets
Orange in color
\$3 each



Lucinda Pins
Assorted Styles
\$14 each

Support the Good Shepherd Food-Bank and help to raise awareness by purchasing any of the above items. Call JoAn Chartier at 207-782-3554 ext 27 or jchartier@gsfb.org.

WHAT'S ON THE MENU

January - April: Awareness Bracelets

A mailing was sent to over 700 schools in Maine to ask for their participation in a statewide effort to sell our bracelets at \$3 each or **\$4** to include \$1 for their own fundraising project. It's a win-win situation. Call today to get involved!

Feb 5th - March 4th: Have a Heart for Hunger

Make a donation at any Hannaford Supermarket location throughout the state to benefit the Food-Bank.

February 4th: GSFb Auburn Location

SOUPER BOWL OF CARING: Saturday 9:00am-9:00pm
Spend the day with friends organizing and cropping photos. Cost per Person \$30 to include assorted SOUPS for lunch and pizza for dinner. Raffles and refreshments throughout the day! Seating is limited to 60. Call to reserve your space today @ 782-3554

Feb 5th: SOUPER BOWL OF CARING

Get involved with your congregation, school, club, civic organization or family gathering by collecting donations in SOUP POTS to benefit Good Shepherd Food-Bank. Donations can be delivered to either of our Warehouse facilities or mailed to either of our locations. Contact JoAn Chartier today by calling 782-3554 ext 27 with questions you may have.

March 16th: Volunteer Appreciation Banquet

We will honor our top 75 volunteers who give so graciously of their time throughout the year.

April 22nd: Voices of Hope

SAVE THE DATE for our 1st Annual night of song and evening of giving at Merrill Auditorium in Portland to celebrate the success of Good Shepherd Food-Bank. Contact JoAn today (782-3554 ext 27) for ticket information or to get involved!!!!

Do you have something on your menu? We have a great meeting/banquet room that seats up to 100 people! The fee is a 20 minute tour of our site. Call JoAn Chartier 782-3554 for more info.

GOOD SHEPHERD FOOD-BANK NORTHEAST UPDATE



In 1999, we were blessed with a grant from the Stephen & Tabitha King Foundation, which allowed us to purchase a freezer distribution center from Sure Winner Foods in Brewer. Since that time, we have used this facility to distribute food to approximately 100 agencies within Northern Maine. These agencies have been able to save on fuel & resources since they no longer need to travel to the Auburn warehouse to pick up their orders.

As of July 2005, we became active in the Bangor Region to help build awareness of Good Shepherd Food-Bank by networking with many

community minded individuals. Being involved with the Bangor Chamber of Commerce has certainly helped us to connect with individuals interested and dedicated in helping with many of our needs. Listed below are just a few of the new partnerships formed during 2005:

Husson College:

Students from Husson College, recruited by Becky Lindley, did an outstanding job with a painting project at the Brewer Warehouse recently. The warehouse was spruced up for our November 1st Open House. Pictured from back: Jamie Keiper, Agnus Neill, Teresa Dzieyk, and Becky Lindley. Front: Ashley Farina and Amanda Pelletier.



New England School of Communication:

Students from NESCOM recently invited employees of GSFB to be interviewed as part of a production class. The outcome was a half hour video clip featuring the Food-Bank staff during a question/answer forum in the recording studio. In addition, Katie Leighton created two separate Public Service Announcements promoting the Fall Open Houses for both the Brewer and Auburn locations. The PSA's ran on several radio stations throughout Maine.

Sam's Club Food Drive:

On November 22nd, GSFB was invited to host a food & fund drive at Sam's Club in Bangor. During this time, we promoted our new "Food Mobile" and were honored to have Governor John Baldacci join us for our Ribbon Cutting Ceremony. Over 300 lbs. of food and monetary gifts were collected. We were also joined by Congressman Michael Michaud, several of the Democratic delegates, as well as store Managers from Hannaford, Sam's Club, GSFB's Board members, Bangor Area Chamber of Commerce, Agency Representatives, members of the media; WLBZ TV 2, WABI TV 5, WVII CH 7, The Bangor Daily News, and the major sponsor of our Food Mobile, The Maine Credit Union League.



Sam's Club management team makes a \$500 donation to GSFB during the November Ribbon Cutting Ceremony.



Fundraising Goals
Oct 1, 2005 - Sept. 30, 2006
Progress as of Jan 1

THANK YOU FOR BEING PART OF THE GOOD SHEPHERD FOOD-BANK FAMILY!!!!

Good Shepherd Food-Bank operates on a budget of \$1.66 million. Approximately 50 percent of this budget comes from Agency shared maintenance fees. Our direct fundraising goal is \$850,000. With your help, we are able to meet this goal. Please consider making a gift today to help support the tremendous work that is provided every day, right here in our state!!

How Can You Get Involved?

Learn how you can get involved with our exciting efforts in the Bangor Region, by calling Sue O'Brien at 989-4672.

THERE ARE MANY WAYS YOU CAN HELP:

Think beyond the holidays, Mainer's need your help throughout the year!

Food and Fund Drives:

If your organization is interested in collecting food or funds to help feed families in Maine, we have the tools available to help streamline your process. Food donated to GSFB will be distributed to over 500 food pantries, soup kitchens and homeless shelters in Maine. For every \$1 donated, we can provide over \$12.50 in food to our partner agencies...a great community investment!

Monetary Donations:

Does your employer have a matching gift program?

The impact of your generosity can be doubled or even tripled when your donations are matched by your company! With pressures on personal and corporate budgets making charitable dollars even tighter, we urge you to ask if your company will match your donations to the Good Shepherd Food-Bank.

Automatic Withdrawal — A gift that keeps on giving:

Make a gift to Good Shepherd Food-Bank on a monthly basis by credit card or through Electronic Fund Transfer (EFT) from your checking account. Contact Cathy Stevens to discuss this simple and effective option today at 782-3554 ext 25.

On-line gifts:

Make a secure on-line donation using your credit card or debit card by visiting our website www.gsfb.org and follow the Paypal instructions.

Year End or throughout the year...Stock Gifts:

Make a donation of appreciated securities to the Food-Bank. You will help further our mission while also minimizing some capital gains taxes.

Leave a Legacy:

Contact Michelle Gosselin, Director of Development, to learn how you can make a gift to Good Shepherd Food-Bank through your Will so that you can continue to support Maine communities into the future.

Celebrate, Honor or Remember Someone Special

Make a donation to honor a friend, client, or customer for a special occasion such as birthdays, holiday, anniversary, new home, new baby, etc. Your designee will receive an acknowledgement informing them of your generous gift.

We Promise to Use Your Gifts Wisely

The support of our donors makes all of our efforts to feed hungry people in Maine possible. Because that support is so key to our many programs, we strive to use every dollar we receive efficiently and effectively. And we do. For every dollar donated to Good Shepherd Food-Bank, we can provide over \$12.50 in food to those struggling with hunger in our state. Where else can a quarter be worth \$3.13?

Thank you for your investment!

HONORARIA AND MEMORIALS

8/17/05 - 12/7/05

Given By:

Peter & Diane Downing
Dorothy, Margaret & Richard Kelso
Stephen & Celine Sedgeley
Margaret Conroy
Town of Mechanic Falls
Robert & Marie Merrill
William & Velma Adams
Charlene Anderson
Gene Bernard
Lisa Britt
Mr. & Mrs. Burton Corkum, Jr.
John Hampshire
Donald & Carlene Hartford
Jean Gregg Lincoln
Mrs Robert J Maitland, Jr.
Larry Polansky
Lynn Schafer
Christopher & Paula Slusarz
Kathy Tucci
St. Joseph's Parish - Bridgton

Honor Of:

Mr. & Mrs. R LaPorte's
50th Wedding Anniversary
Elizabeth Kelso's 81st Birthday
Marlene & Fred Miller &
Carlton & Lucille Sedgeley
Spc. Ryan Bulger - 152nd Maint.
Co. in Iraq
Ralph Arel, Jr.
Ralph Arel, Jr.
Larenia Gardner
Son Christopher Anderson
Hollis A. Temple
Robert E. Dunton
Cleo Stilphen
Hildreth Hampshire
Carlene & Bobby
Mr. Powers
Marjorie Bigelow
Douglas McDonald
Kate Libby Cornell
Aunt Rita Griffin
John A. Tucci, Jr.
Marcella Anton

The mission of Good Shepherd Food-Bank is to provide food for those at risk of hunger by soliciting surplus food and distributing it to non-profit programs throughout Maine, and in doing so to do the work of Jesus who is the Good Shepherd.

ATTENTION NEWSPAPER READERS!

Do you read your local paper faithfully? If so, Good Shepherd Food Bank can use your help!. Please give us a hand by forwarding any news articles that mention the food bank or provide information of where and when you saw the news. We'd also like to hear about your local food pantries and soup kitchens.

CLIP AND SEND ARTICLES TO:

(include paper name/date)

JoAn Chartier
Public Relations & Education
Coordinator
Good Shepherd Food-Bank
P.O. Box 1807
Auburn ME 04211-1807

Send online news articles to:
jchartier@gsfb.org

WEBSITE "UNDER CONSTRUCTION"

Many of you have commented about our current website and we have listened to your recommendations. As of February 2006, we plan to have our new & improved website where you can learn...about the food bank and read about our 25th Anniversary plans...be informed about upcoming events and food bank news...find out who the food bank serves, make a financial donation, find out how you can make a food donation or how to host a food and fund drive... check out photos from previous events... find volunteer opportunities...and meet the food bank staff and board members.

Visit our website today and continue to check in on our progress over the months ahead and find out how you can make a difference in the fight to end hunger in Maine!!!!

WISH LIST

Brewer Warehouse

- Bathroom Fixtures
- Kitchen Appliances
- Metal Shelving
- Floor Lamps
- Artwork
- Photocopier
- 13" Portable TV/DVD player

Auburn Warehouse

- 27" Flat Screen TV
- DVD/VCR combo
- Easles (any size)
- Postage Stamps
- Sitting Stools
- Table Linens
- Carpet Cleaning Service
- Picnic Tables

Printing donated by.....YOUR NAME COULD BE HERE!

We are searching for a partner that would be willing to sponsor the printing of our quarterly newsletters. Call today if that could be you or your company!

GOODNews

Good Shepherd Food-Bank
3121 Hotel Road, P.O. Box 1807
Auburn, ME 04211-1807
Telephone: (207) 782-3554 • Fax (207) 782-9893

ADDRESS SERVICE REQUESTED