



GSFB Food Pantries who have been recipients of Food Mobile Distributions since August 2005.

Acton-Milton Mills
Augusta FP
Augusta FP/Brewer Christian Food Cupboard
Brownfield FP
Brownfield FP (SOCN)
Buxton
Chester Food Pantry
Community Free Baptist Pantry
Families in Crisis-Andover
Families in Crisis-Peru
Gorham
Howland UMC FP
Island Food Pantry
Island FP
Machias FP
Nature's Bounty FP
Preble Street FP
Saco FP
Sisters of Charity Food Pantry
St. Annes/Penobscot/Indian Island
St. Mary's Community FC
St. Mary's FP
Stratton/Eustis
Tree of Life Food Pantry
Vineyard
Washington Ave UMC
Western Maine Community Action

For more information about our Food Mobile Program and how you can become involved, Please contact Jason Hall, Administrator of Agency Relations, at 782-3554 ext 36.

Hunger Doesn't Take a Summer Vacation!!!!

School is out for Maine Children...for many of us, summer is a time to enjoy family picnics and outings, plan exciting vacations and shop for new school clothing and supplies. For others, it's a time of anxiety and fear trying to find the balance of food and funds to help their families make it through each day.

This year, more than **69,000 children** will not be receiving their meals through their school breakfast and lunch programs. Every year, 200 of our partner food pantries report seeing many more children standing in line with their families during the summer months. These pantries in turn rely on Good Shepherd Food-Bank for help.

The summer months can be devastating to families in need. A low-income family with three children who qualify to eat free breakfast and lunch at school suddenly has to come up with 30 meals each week.

These children are at risk of hunger and other ailments due to hunger.

Just last month, a Maine school counselor reported to us that they noticed two brothers often skipping lunch through the free lunch program. When asked why, the boys said "that they did not want to stretch their stomachs because when they get home, the cupboards are bare and there are no meals to eat".

Please consider supporting Good Shepherd Food-Bank throughout the summer months to help meet the needs of our children. Your support will allow us to end childhood hunger in Maine.

Food on the Move

Since August 2005, we have touched the lives of over 760 households in Maine who have been recipients of **Food Mobile** deliveries to their hometown. An initial grant of \$15,000 from the Maine Credit Union League helped to implement the program, funding at least two deliveries to each county in Maine. As of May 2006, the Food Mobile program has delivered more than **200,000 pounds of food** serving hungry people statewide.



Many factors contribute to the increasing needs for additional food and help to many of our partner agencies. Our Food Mobile has already become a valuable tool in helping our agencies assist more people in need.

A \$500 contribution can provide 10,000 pounds of food to your local community. We need additional funds in order to keep this program alive! To date, we have been able to provide critical food distributions for FREE to our food pantries. We need to find new partners who can support Food Mobile Distributions into the summer months!

Good Shepherd Food-Bank Board of Directors

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Mike Harris
Vice Chair

Betty Ellis
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Ken Ray
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David Pierson
Clerk

Ted Brown

Jerry Douglass

Herschel Hafford

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Daniel Reardon

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GOOD SHEPHERD FOOD-BANK WELCOMES NEW EXECUTIVE DIRECTOR

Providing food for those who need it has been a personal concern of mine for many years. The chance to join a team of people, both staff and volunteers, dedicated to meeting that same need is truly an honor. I am thrilled. JoAnn Pike had a dream to feed all of the hungry people throughout Maine and it is our goal to vigorously pursue her vision.

It seems as though I have been preparing for this challenge for the last thirty years. Having graduated from the University of Maine and Bangor Theological Seminary, I have spent all of those years serving as an ordained parish minister in several Maine United Church of Christ congregations. Managing personnel, dealing with budgets, fundraising, calling others to action, and working with others to find solutions to difficult challenges have all been part of my training.

With the support of all of you who are involved with Good Shepherd Food-Bank, and the grace of a loving God, we will stand together as JoAnn's dream becomes a reality.

Many Blessings to you all,

Rick Small
Executive Director



GOOD SHEPHERD FOOD-BANK WINS 2006 GOVERNOR'S AWARD FOR BUSINESS EXCELLENCE!

Nominated by United Kingfield Bank employees, Good Shepherd Food-Bank was one of 5 companies in Maine chosen to receive the 2006 Governor's Award for Business Excellence. The award, administered by the Maine Department of Economic and Community Development (DECD), recognizes Maine companies that demonstrate a high level of commitment to their communities, their employees, and to manufacturing or service excellence.

"All five of this year's honorees go above and beyond the call of duty for their employees and their communities", said Governor Baldacci. "They reflect the innovation and work ethic that has earned Maine a reputation for top quality workmanship and service and I am proud to honor them as distinguished members of our business community."

FEATURE AGENCY UPDATE:

CAMP MECHUWANA - Winthrop, ME

Summer camp will be starting very soon here at Camp Mechuwana, but we are open year round serving groups of all ages. We have 14 Mission Groups who will be sharing their talents with us this summer.

Last year, we saw an increase of well over 50% in foster children attending our summer camp programs, plus, we dealt with about 10 new agencies to help children come to camp.

One of those agencies is the Maine Children's Home for Little Wanderers. They helped to send over 20 children to camp who could not afford to. We are able to keep the cost of camp down for all children and we never turn a child away from camp due to their not being able to afford it.

We see approximately 65% impoverished children and adults in a years time and being able to serve them with food that we receive from GSFb makes it possible to be able to give out scholarships to them.

At present I have done almost 670 summer and day camp registrations and more registrations are coming in daily. Thank you for your prayers for our camp and those people that serve us by volunteering to be councilors and deans of these camps.

Thank you for your prayers.

Carol R. Dorr,
Admin. Assistant, Registrar, & Cook (Off Season)



CELEBRATING OUR VOLUNTEERS!!!

Good Shepherd Food-Bank attributes its ongoing success to the

generous support of thousands of volunteers who give of their time to help us carry out our mission. Each week, we are blessed with over 300 volunteers who help at the Auburn and Brewer warehouses.

Tasks stem from sorting and inspecting food to filling agency orders and replenishing our shelves. Volunteers help us maintain superb donor relations by making hundreds of thank you calls and even help us facilitate special events.

Each year we dedicate one evening to recognize our top 75 volunteers. On March 16, 2006, we honored our top volunteers with a special dinner banquet, recognizing them for giving more than 62,000 cumulative hours during 2005. The group was captivated by a Magical Show provided by "The Great Stephan" aka Steve Cornish. His entertainment included Magical Mysteries, Illusions, Slight of Hand and Close-Up Magic. As a token of our appreciation, guests were given small candles as symbolic reminders that our volunteers are a light in our community and their dedication helps make someone else's life a bit brighter. Volunteer Leader, John Russell, presented roses to the following top 11 volunteers:

CELEBRATING OUR VOLUNTEERS

#1 - Rhonda Edwards - 681 (*hours*)

#2 - Beverly Haines - 678

#3 - Judy Martineau - 489

#4 - Jerry Dostie - 466

#5 - Clarence Hinkley - 411

#6 - Adrienne Nickerson - 411

#7 - Linda Cotton - 389

#8 - Virginia Huntington - 388

#9 - Karen Small - 365

#10 - Carmen Bellmore - 356

#11 - Ruth Coleman - 348

GOOD SHEPHERD FOOD-BANK "NORTHEAST" UPDATE

We continue to raise awareness in the Bangor Region with the help of many volunteers and business associates. Thank you to all of our new & existing partners for assisting us in building awareness of our presence in Brewer.

SAVE the DATE: Sept. 23rd 6:00 pm **Specatular Event Center**

25th Anniversary Mystery Dinner Theatre Featuring: "POLITICS CAN BE MURDER" performed by Mystery for Hire. Tickets are on sale NOW for \$40 per person OR tables of 8 for \$300..SAVE \$20! Call Sue at 989-4672 or visit www.gsfb.org.

Bangor Savings Dress Down Day

Kip Ferland, of Bangor Savings Bank and a member of the GSFB Development Committee, organized a BANK-WIDE dress down day held in February. Over 500 employees participated in this event and raised a total of \$1,880 for the Good Shepherd Food Bank! Pictured are employees of Broadway Branch: Renee Michaud, Suzanne Pavento and Kip Ferland, Branch Manager.

Miller Drug Jean's Day

Bill Miller, and over 100 employees of Miller Drug, recently held a JEANS DAY to benefit Good Shepherd Food-Bank. The employees raised close to \$300, and owner Bill Miller matched their funds to make a larger impact for the 100 agencies who are affiliated with GSFB throughout the Bangor Region.

- Plans are underway to Raise Critical Funds so we may update our Brewer facility;
- We are in need of a new roof, plumbing and building repair;
- We recently hired an electrician to go through the building to help us meet coding issues;
- A new kitchen has been installed in Brewer. Visit www.gsfb.org to learn about our upcoming cooking demonstrations this fall.

How Can You Get Involved?

Learn how you can get involved with our exciting efforts in the Bangor Region, by calling Sue O'Brien at 989-4672.

www.gsfb.org



Giving our Brewer Facility a bit of TLC....

There are Many Ways You Can Help:

Thank you for being part of the Good Shepherd Food-Bank family!!!!



Fundraising Goal - 2006
Progress Tracker

Good Shepherd Food-Bank operates on a budget of \$1.66 million. Our direct fundraising goal is \$850,000. With your help we can reach this goal.

United Way Fall Campaign

Did you know that you can support Good Shepherd Food-Bank through United Way designations? **GSFB does not receive allocated funds directly from United**

Way agencies throughout Maine. To support GSFB, [you must write us in on your pledge form as your designated agency.](#)

Monetary Donations:

Does your employer have a matching gift program? With pressures on personal and corporate budgets making charitable dollars even tighter, we urge you to ask if your company will match your donations to Good Shepherd Food-Bank.

Automatic Withdrawal — A gift that keeps on giving:

Make a gift to Good Shepherd Food-Bank on a monthly basis by credit card or through Electronic Fund Transfer (EFT) from your checking account. Contact Cathy Stevens to discuss this simple and effective option today at 782-3554 ext 25.

On-line gifts:

Make a secure on-line donation using your credit card or debit card by visiting our website www.gsfb.org.

Celebrate, Honor or Remember Someone Special

Make a donation to honor a friend, client, or customer for a special occasion such as birthdays, holiday, anniversary, new home, new baby, etc. Your designee will receive an acknowledgement informing them of your generous gift.

We Promise to Use Your Gifts Wisely

The support of our donors makes all of our efforts to feed hungry people in Maine possible. Because that support is so key to our many programs, we strive to use every dollar we receive efficiently and effectively. And we do. For every dollar donated to Good Shepherd Food-Bank, we can provide over \$12.50 in food to those struggling with hunger in our state. Where else can a quarter be worth \$3.13?

Thank you for your investment!

Memorials and Honorariums - 03/14/06 through 05/09/06 (Visit www.GSFB.ORG for a complete 2006 listing)

Given By

Ella Howard
Geoffrey Cornell
Joan Gott
John & Norma Lachapelle
Mildred Richardson & Trishia Roderick
Nancy Baker
Raymond Veroneau, Jr.
Robert & Shirley Brocato
Russell Chase
William & Mary Weickert
William & Velma Adams

In Honor Of

Those who help the unfortunate here and abroad
Cassidy Jeffers 10th Birthday
Brenda Davis
God
Charles E. Richardson
Patricia Baker
Scott Konecny
Anita Pelletier
Elizabeth E. Chase
Ken & Allyson Ray
Narvie L. Stevens

Given By

Al & Gloria Richard
Barbara Kneeland
Bernard & Nancy Paradis
Catherine King
Charles, Lois & Trish LaBay
Christopher Howe
Claire Dame
Clayton Belyea
Col Dennis Ring
Col. & Mrs. Calvin Nichols
Donald & Dorothy Chatfield
Donald Clifford
Dorothy Currier
Doug Tourtelotte
Dr & Mrs Thomas Shields
Edward McGloine
Gary, Michelle & Ruth Merrill

In Memory Of

Grace Douglass
Frederick W. Kneeland, Sr.
Omer Thibodeau
Kathleen (Kelley) Hill
Ronald Walton
Andrew P. Howe
B. Dutremble & A. Ouette
Arine M. Belyea
Nancy Ring
David F. Gerdes
Verner Z. Reed
William Clifford
Dorothy's Mom & Dad
Laurent & Hortense Fortin
Lt (j.g.) James B. Shields USN
Matthew Ray
Elinor Strandburg

Given By

Gerald & Jane Poulin
Germaine Berard
J Eugene & Gerry Boivin
Jeffrey Kennedy
John & Norma Lachapelle
John O'Donnell
Judith Wood
Lawrence Buggia, D.V.M.
Linden Theriault
Lynn Schafer
Maxine Brown
Mr Jon Paradise
Mrs Deborah Powell
Nora Young
Paul Everett
Phyllis Pelosi
Robert & Ruth Howarth

In Memory Of

Evelyn Farr
John Popadak
Baby Ronald Benjamin Walton
Norma M. Kennedy
Jesus Christ
Stacy Dumont
Priscilla (Isroe) Perkins
Ralph L. Buggia
Russell & Linden Theriault
Margaret Kermode
Mother, Vilda Strout
JoAnn E. Pike
Marcia Bell
Mozelle Tranten
Jason P. Everett
Brian Paul Pelosi
Frederick Watts

Partnerships Matter

Voices of Hope Exceeds Expectations!!!

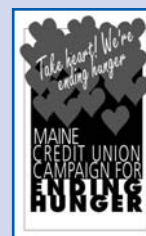
Voices of Hope filled Merrill Auditorium Saturday, April 22nd, as supporters gathered to share in the celebration of Feeding Maine's Hungry for 25 years! Hannaford Supermarkets, our major event sponsor, was joined by Unum Provident, WCSH6 and Citadel Broadcasting Corp as our Gold Sponsors and MCUL as VIP Reception Sponsor.



Rob Caldwell and Kathleen Shannon of WCSH 6 hosted the three-hour event, which featured outstanding performances from four Maine choral groups, The Gorham Community Chorus, Musica de Filia, Ave Maris Stella and the Portland Community Chorus. Special guests who also performed inspiring music were singer-songwriter Don Campbell, and 16-year-old soloist Shannon Selig.

The generosity and support of hundreds of attendees helped make our evening a remarkable success! The proceeds of the Voices of Hope event raised critical funds, which will truly make a difference to children, the elderly, and low-income families receiving assistance through our agency network over of over 500.

We are confident that this event helped us to raise awareness of our work, as we strive to no longer be one of "Maine's Best Kept Secrets".



National Hunger Awareness Day EVENTS: June 3rd-6th:

WCSH6 and WLBZ2 representatives, along with Good Shepherd Food-Bank staff and volunteers, planned and facilitated a statewide Food & Fund Collection Drive at three participating

Hannaford Supermarket locations to include: Portland, Lewiston and Bangor.

A total of 6,020 lbs of food was collected and all food donations received will be distributed to over 500 partner agencies throughout Maine. THANK YOU to all who participated!!!



Ride Against Hunger Raises Funds and Awareness! Sponsored by Beale Street Barbeque of Portland, Bath and Augusta, motorcycle enthusiasts from various parts of Maine participated in our 3rd Annual Ride Against Hunger.

Bikers gathered at L/A Harley of Lewiston and participated in a Mystery Ride finishing at Good Shepherd Food-Bank in Auburn. A special thank you to Christian Motorcycle Association for coordinating this enjoyable event.

38 bikers participated in this event raising over \$900! Thank you!



Maine Credit Union League Shares the Bread!!!

On June 6th, Jon Paradise, Director of Governmental Affairs of MCUL, presented \$750 checks and a loaf of bread to each of the top 16 Food Pantries of Maine, (one per county) and \$1,000 to GSFB. The check presentations took place at both Good Shepherd Food-Bank's facilities located in Auburn and Brewer.

"When Maine's Credit Union's first began the Maine Credit Union's Campaign for Ending Hunger back in 1990, our mission was not only to raise funds but to also raise awareness that hunger does, in fact, exist in communities throughout our state. Maine's Credit Union's are about 'Maine people helping Maine people,' and this Campaign is directly related to that philosophy. We are proud to support and be one of the leaders in this cause and are also proud that all money raised stays in Maine and goes directly to the cause of ending hunger."

-Jon Paradise

The mission of Good Shepherd Food-Bank is to provide food for those at risk of hunger by soliciting surplus food and distributing it to non-profit programs throughout Maine, and in doing so to do the work of Jesus who is the Good Shepherd.

SUMMER WISH LIST

In order to increase our food supply to over 200 partner food pantries over the summer months, we need more food! Most requested food items include:

- Peanut Butter
- Jelly/Fluff
- Canned Tuna, Chicken and other meats
- Canned Ravioli and other pasta products
- Macaroni & Cheese
- All-in-One Meals
- Fresh Fruits and Vegetables

For more information on how to contact a Food Pantry in your own community, please contact Jason Hall 782-3554 ext 36 or send him a message through our website, www.gsfb.org.

OUR COOLERS ARE LOW!!!

Plant-A-RowHelp-Us-Grow!

Do you have a garden or know of someone who does? Please consider making donations of fresh produce to Good Shepherd Food-Bank or to one of our partner agencies. Visit www.gsfb.org today to find an agency in your own community. Fresh veggies are always appreciated!

JOIN US ON FRIDAY,
SEPTEMBER 15TH AT THE
OXFORD COUNTY FAIR
TO CELEBRATE
"GOOD SHEPHERD
FOOD-BANK" DAY!!!

*Bring a non-perishable item
and receive \$1 off the price
of admission.*

WISH LIST.... MORE THAN FOOD

In addition to seeking good, nutritious food, we are also in need of administrative equipment and supplies.

We would appreciate donations of:

- Sitting Stools for Volunteers
- Postage Stamps for Mailings
- Easels (any size)
- Carpet Cleaning Services
- Metal Shelving
- Photocopiers

Thank you to Androscoggin Bank for donating Kitchen Appliances for our Brewer facility.

Printing donated by.....YOUR NAME COULD BE HERE!

We are searching for a partner that would be willing to sponsor the printing of our quarterly newsletters. Call today if that could be you or your company!



**Good Shepherd
Food-Bank**
Feeding Maine's Hungry

for **25** years

GOOD *News*

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ADDRESS SERVICE REQUESTED